



Volunteers Needed

Companionship, Friendly Visiting and Help for Seniors

The People Inc. Senior Companion Program has lots of benefits. Here is how you can help:

Our program assists seniors who have difficulty with daily living tasks so they can retain their dignity and independence. Among other activities, Companions assist with tasks such as:

- Grocery shopping and errands
- Providing friendship and companionship
- Alerting doctors and family members to potential problems
- Providing respite for caregivers

Senior Companions are volunteers 55 years or older from Erie County who meet income eligibility requirements. Companions are recognized at events throughout the year.

“The program keeps me active and gets me up in the morning. People need us. Some don't have family. We need more Companions in our neighborhoods.”

- Dawson Henderson,
People Inc. Senior Companion



**Earn \$25
Wegmans
gift card**

after completion
of three months



To become a Senior Companion or for more information, call 716.768.2381